

About us

Convinced that taking care of yourself makes you feel better in your daily life, I offer a wide range of massages and beauty treatments in the area of Courchevel, Méribel and Bozel.

Concerned about the quality of the products used, I select for you, natural and organic vegetable oils to make my own massage oils. I also use the power of essential oils, which I add to my massage oils according to your needs.

Schedule

7j / 7

From 10.00 am to 8.00 pm

Rendez-vous

+33 620 30 67 51

ambre@massagecourchevel.fr

www.massagecourchevel.fr



Pause bien-être

Massages & esthétique à domicile

Ambre Chevallier

+33 (0) 620 30 67 51

ambre@massagecourchevel.fr

WWW.MASSAGECOURCHEVEL.FR

MASSAGES

Sur Mesure Massage (60/90mn)

A deep and stimulating massage where The rhythm, pressure and focus are chosen by you to personalize it as much as you want.

Sport Massage (60/90mn)

An invigorating massage which alternates gentle and dynamic movements to relax the body, release muscle tension and improve blood circulation.

Relaxing Massage (60/90mn)

A gentle and enveloping massage with essential oils for an absolute moment of relaxation.

Deep Tissue Massage (60/90mn)

A deep massage combined with stretching, which focuses on the deeper layers of muscle tissue, releasing knots and tension. Ideal after skiing, it will release the latest tensions of your body.

Sliming Massage (60mn)

Fusion of anti-cellulite and palper-rouler techniques with drainage for a refined silhouette. Skin and body are smooth and firm.

Pregnancy Massage (60mn)

A delicate massage to relieve tension in the back, neck and legs. Suitable from 4 months of pregnancy only.

Candle Massage (60mn)

Cocooning massage treatment, applying a warmed candle which purifies and nourishes your skin.

Child Massage (30 min)

A parenthesis well-being to become aware of his body and have a good time as dad and mom.

BODY TREATMENT

Scrubs - Tonic exfoliation with sea salts or sugar for velvety skin.

Body wrap - Ideally realized after a complete body exfoliation, the body wrap revitalizes, protects and moistures your skin (45mn)

Firming & Sliming Treatment - Slimming treatment with scrubs, firming body wraps and slimming massage to smooth cellulite, firm the skin and resculpt the figure (120mn)

Mum to be Treatment - Mum to be treatment combining scrubs, body wrap and special Pregnancy Massage (120mn)

WAX

Eyebrows

Face (chin, lips, cheeks)

Bikini

Brazilian bikini

Full bikini

Underarms

Arms

Half legs

Full legs

Back

HANDS & FEET

Manicure

Pedicure

Express nails beauty

Nails polish application

Semi-permanent nails polish application

Semi-permanent nails polish removing